



Description of some of our school meal options

Vegetable tart: Puff pastry sheet topped with roasted vegetables (courgettes, mushrooms, onions, peppers and sweet potatoes).

Spanish omelette: oven baked omelette with sliced potatoes, onion and cheese.

Cheese onion flan: cheese and onion quiche.

Tomato tumbler: A tomato mixture with mushrooms and peppers topped with a savoury scone and grated cheddar cheese.

Vegetable fajitas: Quorn mince cooked with peppers, onions and tomatoes with a Cajun (smoked BBQ) seasoning then wrapped in a tortilla and sprinkled with grated cheese.

Bean paella: Savoury rice made with tomatoes, kidney beans and vegetables (carrots, peppers, mushrooms and tomatoes).

Vegetable wrap: Stir fry vegetables with soya sauce and either noodles or beansprouts in a tortilla wrap.

Leek and potato bake: Leeks, carrots and parsnips cooked and then added to savoury tomato sauce topped with sliced potatoes and grated cheese.

Vegetarian sausage: from the Linda McCartney range.

Vegetarian roast: A homemade stuffing with added vegetables and cheese wrapped in puff pastry. (Contains eggs)

Cheese wheels: Cheesy mashed potato rolled into puff pastry and cut into circles to form wheels. (Contains eggs)

Homity pie: An open topped pie containing leeks, potatoes, garlic, onions and cheese. (Contains eggs and milk)