



Aspiring to achieve our best: moving forward together!

t 01884 252445 | e admin@heathcoat.devon.sch.uk

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## Friends of HPS

Yummy Friday- Thank you to everyone who supported the cake sale last week. The Friends raised £66.80

Next Meeting- The next meeting of the Friends will be on Thursday 7<sup>th</sup> November at 6.30pm in the community rooms. Everyone is welcome.

## NEWS

Poppies - We will be selling wristbands, slap bands, bracelets and other poppy related items, most of which are either 50p or £1. If your child wants to buy something please send them in with some money

After School Football Club- Just a reminder that Mr Newsome's after school football club will continue to run this term.

Menu Change- To celebrate Bonfire night we are swapping the menu's around on Tuesday and Thursday. Tuesdays menu will be

- Firework Banger Breakfast Brunch  
or
- Vegetarian Banger Brunch with bonfire hash browns, baked beans and tasty tomatoes and mushrooms  
or
- Jumping Jack jacket potato

Followed by Sparkler syrup sponge and custard ( no real sparklers or fireworks will be used in these meals!)



Are you are parent carer? Do you have a child with additional needs and are interested in finding out information regarding financial matters / services that you and your family may be entitled to? On Wednesday 5th November, at 4 Bridge Street, Tiverton, between 10am-12pm, Affinity support group are welcoming citizens advice to share this information with you. Any questions please ask Miss Ford.

## Learner of the week



FSDB James N  
 FSG Miller  
 1BA Lloyd  
 1P Orlaith  
 2D Kelsie  
 2P Sandra  
 3E Oran  
 3P Lily B  
 4C Rebecca B  
 4E Phoebe  
 6H Bradley  
 6W Chloe

## Lunchtime Behaviour



FSDB Lola  
 FSG Gracie  
 1BA Jasmine  
 1P Wilbur  
 2D Lacey  
 2P Cushla  
 3E Matilda  
 3P Kovi  
 4C Summer  
 4E Tilly  
 6H Finley  
 6W Danny

## Best Attendance

3P – 100%



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## Diary Dates



Anti-Bullying Week  
11<sup>th</sup> -15<sup>th</sup> November

## Term Dates



Last Day of Autumn Term  
Wednesday 18<sup>th</sup> December

First Day of Spring Term  
Monday 6<sup>th</sup> January 2020

Spring Half Term  
Monday 17<sup>th</sup> February-  
Friday 21<sup>st</sup> February

Last Day of Spring Term  
Friday 27<sup>th</sup> March

First Day of Summer Term  
Tuesday 14<sup>th</sup> April

### Mobile phones

We encourage all pupils to not bring their mobile phone to school as it can't be used during the school day. However if your child needs to bring their mobile phone to school for the journey home, then it needs to be switched off and taken to the office at the start of the day. They should not be left in school bags.

### Children in Need 15th November

Friday 15<sup>th</sup> November is Children in Need and we will be celebrating this event by encouraging children to wear something spotty and donating 50p to the charity. Children will be taking part in the live aerobics led by Joe Wicks and Mrs Soper. There will be a prize for the best homemade Pudsey/Children in Need T shirt. There will also be Pudsey biscuits as part of the school lunch that day.

### Parents evening Monday and Wednesday

The staff are looking forward to meeting with you this week to discuss how your child has settled in and their targets for the coming year. If you haven't made an appointment yet please do so today. Mrs Moore and Mrs Hambly will also be available in the cathedral until 4.30pm if you would like to speak to them. Mrs Shanahan will be available in the SEND office if you would like a quick conversation with her. She will only be offering 10 minute slots in line with the teachers.

## Heathcoat Heroes

The children below have all reached the very top of our learning behaviours and expectations system this week.

FSDB- Ava Mae

FSG – Miller

4C – Summer



Congratulations to the following pupil who has demonstrated their building learning powers in various different activities outside of school.

4C - Rhys

Parents can share their child's wow moments regarding Building Learning Power by sending in a wow slip (available from the document stand outside the office).

## Accelerated Reader Achievement

4C highest average quiz percentages



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## Heathcoat Primary School hosts Primary Futures activity to raise aspirations

**Heathcoat Primary School** hosted 6 visitors from the world of work on Wednesday 30<sup>th</sup> October, as part of a national programme to help raise aspirations and broaden horizons.

The Primary Futures programme sees volunteers from the world of work talking with primary school children about their job and how they use different school subjects in their career. The idea is to bring learning to life, raise aspirations and broaden horizons.

The event involved 6 volunteers from the world of work taking part in a 'What's My Line?' Assembly, where children tried to guess the jobs of the volunteers. Volunteers attending on the day included a midwife, a female firefighter, a university lecturer/clinical researcher, engineer, a project manager (who was also previously a marine biologist) and a lawyer.

According to research by the charity behind Primary Futures, Education and Employers, children as young as six have already begun to form stereotypes about who can do which job. By holding an assembly and speed networking event, Heathcoat Primary is helping to challenge these stereotypes and broaden their children's horizons.

### Here's what some of the children said:

**Jimi** :“It was really great having the assembly and meeting the people because if you didn't know what you want to be when you are grown up, if you had no clue, it inspired you to want to be a firefighter or a lawyer. It was very informative and very inspiring. I am not sure what I want to do yet but some of those jobs made me think about it a bit more. I didn't really realise that the things I am learning now will be helpful when I get a job.”

**Alfie**: “I thought that person number 6 was famous and also person number 5 as they had a tie on! I want to be a policeman when I am older. My dad was a fireman. I didn't know that you could do maths in year 1 and year 2 and it would help to make you have a good job.”

**Lilly-Anne**: “I thought it was good fun trying to guess the jobs. I want to be a doctor or a vet or a shopkeeper when I am older so I get rich.”

Assistant Headteacher and organiser of the event, **Becky Budden** said, “It was lovely to see the children who ranged in age from 5 to 11 years being so engaged and excited as they learnt more about the volunteer's jobs. They asked some really great questions and were intrigued to find out how the subjects that they are currently learning link to jobs that they might choose to do in the future. Our visitors gave top tips of always trying their best, working hard and teamwork, all of which link to our Heathcoat Primary School values. It was a really valuable morning and we will definitely be organising more events in the future.”



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If you are interested in volunteering at future activities like this, please go to [www.primaryfutures.org](http://www.primaryfutures.org) and register as a volunteer. *It takes just 3 mins to sign up and then teachers can invite you to visit. You can decide what you want to do and be in control of how much time you can give. Whatever your role, sector or job title, whether you are an apprentice or a CEO, an App designer or Zoologist, we want to hear from you. All you have to do is commit a few hours to go into your local school and talk about your job. As well as inspiring children and giving something back to your community, volunteering can be great for your own personal and professional development and help spread the word about your organisation in your local community.*

Fortnightly focus update - The children are doing really well with their table manners focus at lunchtimes. We have celebrated by giving out lots and lots of golden tickets to children who are really persevering with using cutlery and not fingers, not talking with their mouths full and, of course, using their please & thank you's. We will continue to be noticing and rewarding table manners over this coming week.



Anti-Bullying Week- To help mark Anti-Bullying week, we would like to ask children to wear odd socks with their school uniform on Tuesday 12<sup>th</sup> November.



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**Breakfast & After School Club-** If you would like to make changes to the sessions that your child has from January 2020 onwards, please send a note to the school office with details of which sessions you require by Wednesday 13<sup>th</sup> November.

**Changes to Nursery Sessions-** If you would like to make changes to the sessions that your child has from January 2020 onwards, please send a note to the school office with details of which sessions you require by Wednesday 13<sup>th</sup> November.

## Thought of the Week

“A Hero is someone who has given his or her life for something bigger than oneself.” Jason Campbell (1904-1987)

### Uffculme School Craft Fair

Saturday, 16<sup>th</sup> November 2019, 10am – 4pm at Uffculme School

**Free Entry**

Are you already counting the sleeps 'til Christmas, unsure about what to buy for friends and family? Why not come along to the Uffculme School Craft Fair, with over 100 stalls showcasing their unique range of bespoke and unusual gifts, including hand-made Christmas decorations and delicacies, glass, wood, ceramics, candles, knitwear, clothing, and so very much more.

Enjoy our festive food and drink, all proceeds go to the School PTFA to support all the children in the school community.

Why not take a stall at the Craft Fair, hire charges start at only £15/table? If you are interested in selling your wares then please contact: Phryne on [phryne68@gmail.com](mailto:phryne68@gmail.com) for an information pack. Don't miss out, request a spot now!

**Northcott Theatre Trip-** We understand that some people were disappointed that they couldn't get tickets. We were only able to take one bus full of children. If you wish to take your family during the Christmas holidays, tickets are still available <https://exeternorthcott.co.uk>

**KS2 Girls Football-** On 12<sup>th</sup> November and 3<sup>rd</sup> December, Mr Hodsdon will be running a girls football club during the lunch time, 12.30pm-1pm. No need to sign up, just turn up in your PE kit on the day.



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## Healthy Eating

Following on from last week's newsletter, here are 5 more key rules to help you and your children improve your health and eating habits:

**1 Put sweets in their place.** Occasional sweets are fine, but don't turn dessert into the main reason for eating dinner. When dessert is the prize for eating dinner, children naturally place more value on the cupcake than the broccoli. Try to stay neutral about foods.

**2 Food is not love.** Find better ways to say "I love you." When foods are used to reward kids and show affection, they may start using food to cope with stress or other emotions. Offer hugs, praise, and attention instead of food treats.

**3 Children do as you do.** Be a role model and eat healthy yourself. When trying to teach good eating habits, try to set the best example possible. Choose nutritious snacks, eat at the table, and don't skip meals.

**4 Limit TV and computer time.** When you do, you'll avoid mindless snacking and encourage more activity. Research has shown that children who cut down on TV watching also reduced their percentage of body fat. When TV and computer time are limited, they'll find more active things to do. And limiting "screen time" means you'll have more time to be active together.

**6. 5 Rewrite the menu.** Who says kids only want to eat hot dogs, pizza, burgers, and macaroni and cheese? When eating out, let your kids try new foods and they might surprise you with their willingness to experiment. You can start by letting them try a little of whatever you ordered or ordering a starter for them to try or share with you.

Healthy breakfast ideas: Mix it up - you could try some healthier, low-sugar cereals mixed with a small amount of sugary ones.... how about 3 scoops of cornflakes with one scoop of coco-pops or how about mixing shreddies with some chocolate hoops. Don't fancy cereal? Why not have scrambled egg on toast. If you have any top tips for healthy eating or healthy lunchboxes, please let us know and we may print them in our school newsletter.

