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| **PSHE at Heathcoat Primary School** |

**Intent**

At Heathcoat primary school we aim for our PSHE curriculum to provide pupils with the knowledge, understanding, attitudes, values and skills they need to reach their potential as individuals and within their community now and in their future as well as preparing them for life and work in modern Britain.

We cover the three aspects of personal, social, health and economic (PSHE) education, health & wellbeing, and relationships and living in the wider world. From September 2020 we will also deliver the mandatory health Education and Relationships and Sex Education (or ‘Relationships Education’ in primaries).

We want our children to be lifelong learners through developing their confidence and abilities. The Jigsaw PSHE programme is used across the school from nursery to year 6. This programme encourages and develops the following attributes:

1. Have a sense of purpose
2. Value self and others
3. Form relationships
4. Make and act on informed decisions
5. Communicate effectively
6. Work with others
7. Respond to challenge
8. Be an active partner in their own learning
9. Be active citizens within the local community
10. Explore issues related to living in a democratic society
11. Become healthy and fulfilled individuals

PSHE within our school is taught through a nurturing and supportive learning environment to encourage every child to reach their full potential and for their achievements to be rewarded and celebrated. As a school, we believe that children are all individuals and therefore we aim to encourage mutual respect, responsibility and foster self-esteem in a happy and caring atmosphere. The teaching and learning of PSHE using the Jigsaw programme supports this.

**Implementation**

Teaching using the Jigsaw programme enables our children to acquire the knowledge, understanding and the skills they need to manage their lives now and within their future.

* It develops the qualities and attributes children need to thrive as individuals, family members and members of society and the global community.
* Jigsaw is implemented throughout the whole school during weekly whole class Jigsaw lessons focusing on different topics each term and is embedded through all lessons and our everyday school life.
* Children are supported and encouraged as they interact with one another and use the skills they are developing in class to make links to other areas of learning such as Physical education and mental health.
* Half termly assemblies introduce each new PSHE topic for that half term.

The aims of PSHE and Jigsaw within Heathcoat Primary School are to provide children with:

* accurate and relevant knowledge
* opportunities to create personal understanding and develop themselves and their understanding of the world
* opportunities to explore and challenge a range of diverse values, attitudes, beliefs, rights and responsibilities
* a range of skills and strategies to live a healthy, safe, fulfilling, responsible and balanced life
* opportunities to develop their ability to communicate their feelings.
* children at Heathcoat also acquire an understanding and experiences of British values that are necessary if they are to make sense of their experiences, value themselves, respect other, appreciate differences and feel confident and informed as a British citizen.

Children are encouraged to take part in a range of days across the school year such as World’s Down Syndrome day and mental health days where we celebrate differences within our society.

We hold a number of assemblies across the school year where we discuss aspiring job roles and encourage the children to aspire to achieve their future roles.

Links with our local community are very important and we work closely with St Paul’s church as well as taking part in events within our community such as singing carols in a range of locations within Tiverton at Christmas time.

**Impact**

By the time children leave HPS:

* Pupil’s physical, social, emotional and mental well-being is improved.
* Children’s self-awareness is enhanced, helping them to become caring, respectful, aspirational and confident individuals.
* Children will appreciate difference and diversity.
* Children will be more able to understand and manage their emotions and be able to look after their mental health and well-being.
* Children will be able to approach real-life situations and apply their skills to help navigate through modern life.
* Children will be able to develop positive, healthy relationships with their peers at school and in the future.