



## HEATHCOAT PRIMARY SCHOOL

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**Head of Federation:** Sammy Crook BA(Hons), NPQH  
**Head of School:** Demelza Higginson, BEd(Hons), NPQH

**Aspiring to achieve our best:  
moving forward together!**

Thursday 9<sup>th</sup> March 2023

Dear Parent/Carer

### **Relationships and Sex Education (RSE) policy consult**

Since September 2020 all primary schools are required to have **Relationships Education** in place and a **Relationships and Sex Education (RSE) policy**.

As a maintained school we have an obligation to teach children from Year 1 to Year 6 about aspects of RSE and I feel it is important that, as a school, we are clear about what that entails. The mention of the words 'sex education' can create unnecessary anxiety for parents and carers and I want to reassure you that the focus of much RSE in primary school is broader than you might think, focussing more on the Relationships aspect.

We use the JIGSAW scheme of work in order fulfil this statutory requirement. The JIGSAW scheme covers issues such as building self-esteem, recognising feelings and emotions, healthy friendships, differences and similarities between girls and boys and challenging stereotypes, rights & responsibilities and growing and changing.

Throughout the year we cover different aspects of the JIGSAW curriculum through six broad topics:

**Autumn Term** - Being me in my World, Celebrating Difference

**Spring Term** - Dreams & Goals, Healthy Me

**Summer Term** - Relationships and Changing Me (summer term).

A focus on relationships is covered within each topic, with the 'Changing Me' topic covering most of the Sex Education aspects. The whole school covers the same unit at the same time, and each unit starts with a whole school assembly.

As a parent or carer, you do have the right to request your child is removed from parts of the sex education programme, but we feel confident that the content is both relevant and appropriate for each age group. It is important to clarify that withdrawal of your child would only be considered **for content that is not part of the statutory science curriculum**.

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All Personal Data is collected and processed in accordance with GDPR and the Data Protection Act 2018. Full details can be found for all the Personal Data and Special Category Data we collect and process, in our Data Protection Policy and our Privacy Notices which can be found on our website [www.heathcoat.devon.sch.uk](http://www.heathcoat.devon.sch.uk)

To help you understand what will be taught, Jigsaw leaflets outlining further detail and our draft policy have been uploaded onto the school website on the curriculum page.  
Please refer to the link below.

[Relationships and sex education \(RSE\) and health education - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/relationships-and-sex-education-rse-and-health-education)

If you have any questions or comments about the policy or content of the curriculum, please email [rse@heathcoat.devon.sch.uk](mailto:rse@heathcoat.devon.sch.uk) by noon on Friday 24<sup>th</sup> March 2023.

Kind regards,

Miss Higginson  
Head of School